

# Resilience

Nature · Culture · Spirit

A residential transformative workshop  
at the Green Hub and KFBG, Tai Po

on

**23-25 March 2018**

with

**Dr. Satish Kumar**



Would you like to spend more time with people who share a love for Nature? Are you looking for ways to bring more harmony into your relationship with the environment? Do you want to feel more alive?

Join us for three days of talks, sharing, cooking together, yoga and other experiential activities, under the expert guidance of visiting teacher, Dr. Satish Kumar and KFBG's team of facilitators. Based at the Green Hub in Tai Po, the workshop will include a hike to plant trees at KFBG and a Breath of Bliss ceremony, involving deep connected breathing.



### Dr. Satish Kumar

Raised as a Jain monk from the age of nine, Satish became a campaigner for land reform at eighteen, working to turn Gandhi's vision of a renewed India and peaceful world into reality.

In 1962, concerned about nuclear proliferation, he began, with his friend E.P. Menon, an 8,000-mile peace pilgrimage, walking from India to Moscow, Paris, London and Washington with no money, through deserts, mountains and supposedly hostile territories to deliver a message of peace to the leaders of the four nuclear powers at the time.

In 1973, he settled in England and was invited, by the renowned economist E.F. Schumacher to be the editor of Resurgence magazine, now titled 'Resurgence and Ecologist'. Under his editorship the magazine has become, according to the Guardian newspaper, 'The spiritual and artistic flagship of the green movement'.

In 1991, Satish co-founded Schumacher College, in Totnes, Devon, UK, an international residential education centre named after E. F. Schumacher, which aims to provide transformative learning for sustainable living.

Satish writes, teaches and leads workshops internationally on holistic economics, reverential ecology, holistic education and voluntary simplicity. His books include 'Soil Soul Society', 'No Destination', 'Earth Pilgrim' and 'You Are Therefore I Am'.

Satish is a regular teacher with KFBG and we are pleased to invite him back.



#### Date

23<sup>rd</sup> - 25<sup>th</sup>, March, 2018

#### Time

23<sup>rd</sup> March 0900 to 2100  
24<sup>th</sup> March 0830 to 2100  
25<sup>th</sup> March 0830 to 1630

#### Venue

Green Hub, at the Old Tai Po Police Station,  
and Kadoorie Farm and Botanic Garden, Tai Po

#### Language

English

#### Fee

HKD 3,000 + Accommodation Fee  
(depending on room type) All meals included

If you are interested in this retreat, please visit KFBG website ([www.kfbg.org](http://www.kfbg.org)) or contact Ms Irene Pang at 2483 7109 or email [irenepang@kfbg.org](mailto:irenepang@kfbg.org)