

素食亭餐牌

Sun Garden Cafe Menu

三文治 / 飛碟 Sandwiches / Toastie

- A1 有機磨菇炒蛋三文治
Organic Mushroom Scrambled Egg Sandwich \$18
- A2 有機蕃茄碎蛋三文治
Organic Tomato and Egg Mayonnaise Sandwich \$18
- A3 有機蕃茄雜菜三文治
Organic Tomato and Vegetable Sandwich \$18
- A4 有機磨菇粟米飛碟
Toastie with Organic Mushroom and Sweet Corn \$20
- A5 有機蕃茄三色椒飛碟
Toastie with Organic Tomato and Peppers \$20
- A6 有機磨菇芝士飛碟
Toastie with Organic Mushroom and Cheese \$20
- A7 有機香橙果醬飛碟 (季節性食品)
Toastie with Organic Orange Marmalade Jam (Seasonal) .. \$20
- A8 有機藍梅果醬飛碟 (季節性食品)
Toastie with Organic Blueberry Jam (Seasonal) \$20

奄列 Omelette

- B1 有機磨菇甘荀奄列
Organic Carrots and Mushroom Omelette \$25
- B2 有機磨菇粟米奄列
Organic Sweet Corn and Mushroom Omelette \$25
- B3 有機蕃茄粟米奄列
Organic Tomato and Sweet Corn Omelette \$25
- B4 有機磨菇蕃茄奄列
Organic Mushroom and Tomato Omelette \$25
- B5 雜菜奄列
Assorted Vegetables Omelette \$30

沙律 Salad

- C1 薯仔青瓜沙律
Potato Cucumber Salad \$28
- C2 鮮果螺絲粉沙律
Fresh Fruit Pasta Salad \$28
- C3 凱撒沙律
Caesar Salad \$28

湯 Soup 配蒜茸包 With Garlic Bread

- D1 有機白菌湯
Organic Mushroom Soup \$28
- D2 南瓜湯
Pumpkin Soup \$28

小食 Snacks

- E1 芝士薄餅5"
Cheese Pizza 5" \$20
- E2 田園薄餅5"
Country Pizza 5" \$25
- E3 雜菜包配熱狗醬
Assorted Vegetables Bun with
Hot Dog Sauce \$25
- E4 炸迷你春卷 (3件)
Spring Roll (3pcs) \$18
- E5 炸迷你咖哩角 (3件)
Samosa (3pcs) \$18
- E6 焗薯 (1個)
Baked Potato (1pc) \$18
- E7 吉列雜菜餅 (3件)
Assorted Vegetable Cutlets (3pcs) \$22
- E8 香橙班戟
Fresh Orange Pancake \$18

有機烘焙 Organic Bakery

- F1** 有機香草包 (1個)
Organic Herbs Bread (1 pc) \$10
- F2** 有機阿麻籽包 (1個)
Organic Flax Seed Bread (1 pc) ... \$10
- F3** 有機雜錦曲奇 (2片裝)
(燕麥/迷迭香/無花果)
Organic Cookies (2 pcs) \$5
(Oats / Rosemary / Figs)

健康飲品 Healthy Drinks

- G1** 有機低糖豆漿 熱 Hot 凍 Iced
Organic Soy Milk (Low Sugar) \$12 \$15
- G2** 鮮榨橙汁
Fresh Orange Juice \$20
- G3** 有機羅勒茶
Organic Basil Tea \$12 \$15
- G4** 有機薄荷茶
Organic Mint Tea \$12 \$15
- G5** 有機香茅茶
Organic Lemongrass Tea \$12 \$15
- G6** 本園有機綠茶
KFBG Organic Green Tea \$12 \$15
- G7** 本園有機杭菊茶
KFBG Organic Chrysanthemum Tea .. \$12 \$15

即磨咖啡 Coffee

- H1** 招牌咖啡 熱 Hot 凍 Iced
Blended Coffee \$16 \$20
- H2** 意式咖啡
Cappuccino \$18
- H3** 鮮奶咖啡
Latte \$18 \$22
- H4** 特濃咖啡
Espresso \$14
- H5** 朱古力咖啡
Mocha \$20 \$24

其他飲品 Beverages

- J1** 中國茶 熱 Hot 凍 Iced
Chinese Tea \$8
- J2** 朱古力奶
Chocolate Milk \$15 \$18
- J3** 柚子蜂蜜
Honey Citron Tea \$15 \$18

雪糕 Ice-cream

- K1** 朱古力
Chocolate \$29
- K2** 芒果
Mango \$29
- K3** 士多啤梨
Strawberry \$29
- K4** 鮮奶雲尼拿
Vaniglia Madagascar \$29

「沒有甚麼事情比素食更能改善人的健康，
同時增加地球上所有生命的生存機會。」

愛因斯坦

“Nothing will benefit human health and increase chances for survival of life on Earth as much as the evolution to a vegetarian diet.”

Albert Einstein