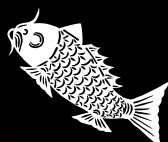


Kadoorie Farm and Botanic Garden

# Little Fish Journey

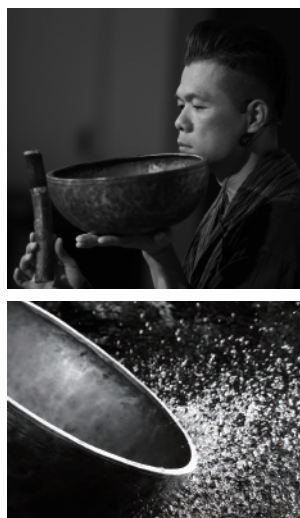
*A Mindful Experience in Nature*



Immerse yourself in the mountains, listen to the story of “Little Fish”, appreciate the beauty of sound and rhythm, and feel the joy of being present.

This journey combines the Little Fish story, written by the Chairman of Kadoorie Farm and Botanic Garden, Andrew McAulay, with the musical arrangement of singing bowl artist, Tsang Man Tung.

Arriving at the peak of Kwun Yum Shan at sunset, bask in the wonder of a singing bowl performance and bathe your heart in nature.



Date	2022 Jan 27 (Thurs)
Time	12pm - 6pm
Venue	Kadoorie Farm and Botanic Garden
Facilitators	Tsang Man Tung and Allpamama
Language	English
Fee	HK\$600
Application	Apply via KFBG website on or before Jan 20 Please click <a href="#">here</a> for the online registration
Enquiry	Please contact Ms. Natalie Leung at 2483 7108 or <a href="mailto:natalieleung@kfbg.org">natalieleung@kfbg.org</a>



#### More about Kadoorie Earth Programme

Kadoorie Earth Programme (KEP) is a new initiative that is being co-created by KFBG and its network of collaborators and volunteers. By integrating the various strands of KFBG's nature conservation, sustainable living and holistic education programmes, it provides life-transforming learning experiences that reconnect people with themselves, each other and the rest of nature and enable them to cultivate resilience in the face of climate change, economic uncertainty and other related challenges. Facilitated by leading educators, KEP guides participants to experience a paradigm shift, to let go of the same way of thinking that created the problems\* and open their hearts to new ways of knowing and acting.

We invite you to be part of this unfolding initiative, to make a difference together in this world.

**\*“We cannot solve our problems with the same thinking we used to create them.”**

*Albert Einstein*